

TEAM BUILDING

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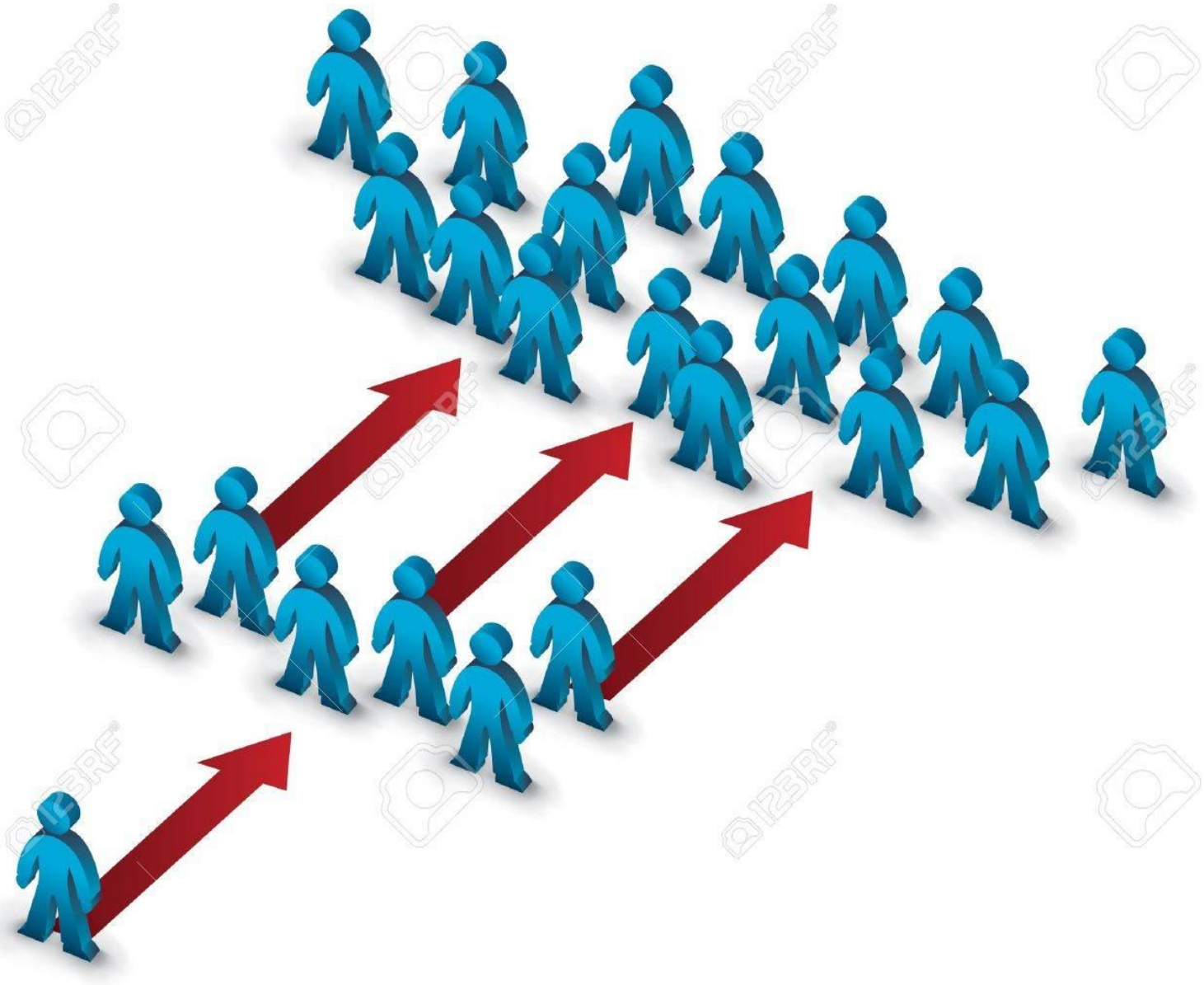
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Source: <http://stressfreesummer.com/2016/shop/stress-free-festival-passes/>

# 10 TIPS TO STRESS LESS 10

**LE WONDER TICKET**  
**LOOK FOR OPPORTUNITIES IN LIFE'S CHALLENGES**

**PARK PASS**  
**GO FOR A WALK WITH A FRIEND**

**ENJOY THE RIDE**  
**FOCUS MORE ON THINGS YOU CAN CONTROL**

**SUPER MULTIPASS**  
**ASK FOR HELP**

**CARTIE BLANCHE**  
**YOU GIVE SOMEONE A NICE COMPLIMENT**  
**HAVE A SMILE**

**A GOOD FOR YOU TICKET**  
**GET INVOLVED WITH A CAUSE YOU BELIEVE IN**

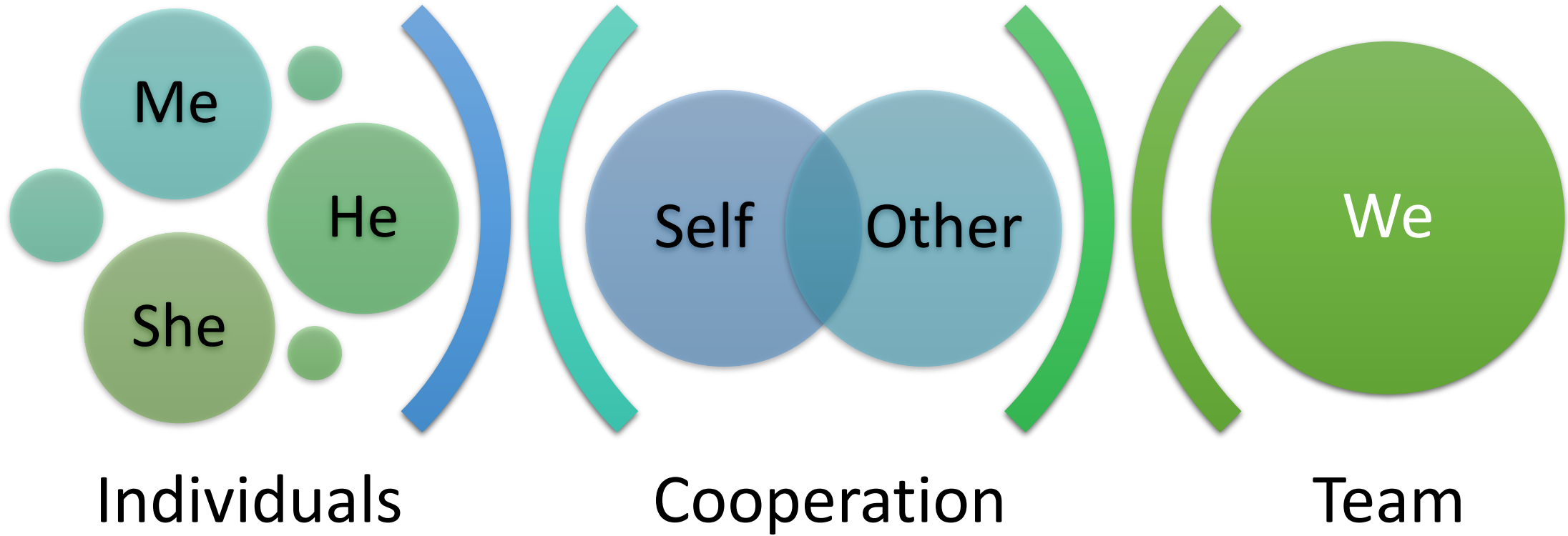
**WINNING TICKET**  
**REMINISCENCE**  
**ABOUT GOOD TIMES**

**DREAM TICKET**  
**GO TO BED EARLIER**

**FREE AIR TICKET**  
**BREATHE**

**VERY IMPORTANT PERSON**  
**TAKE A DANCE CLASS**

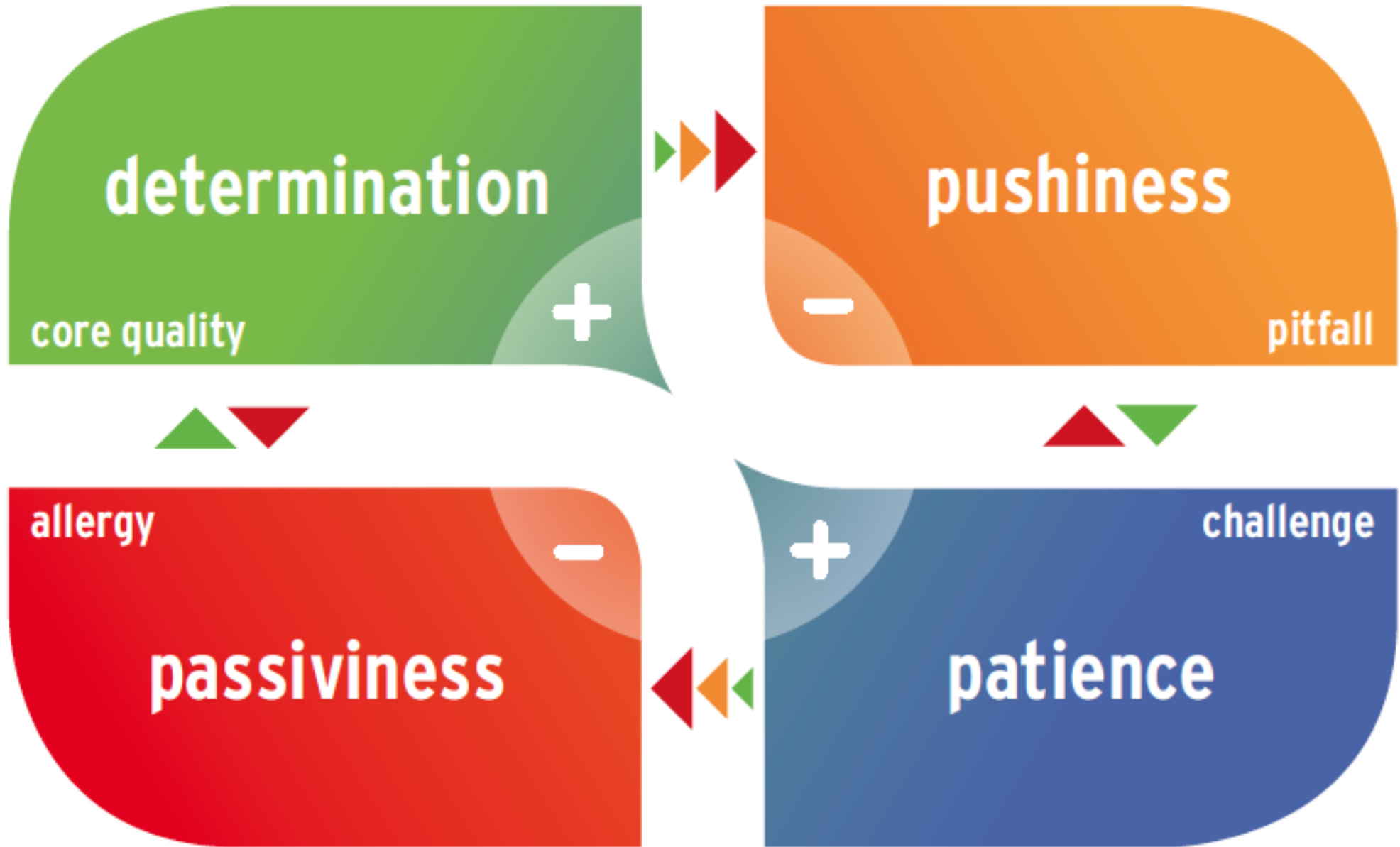
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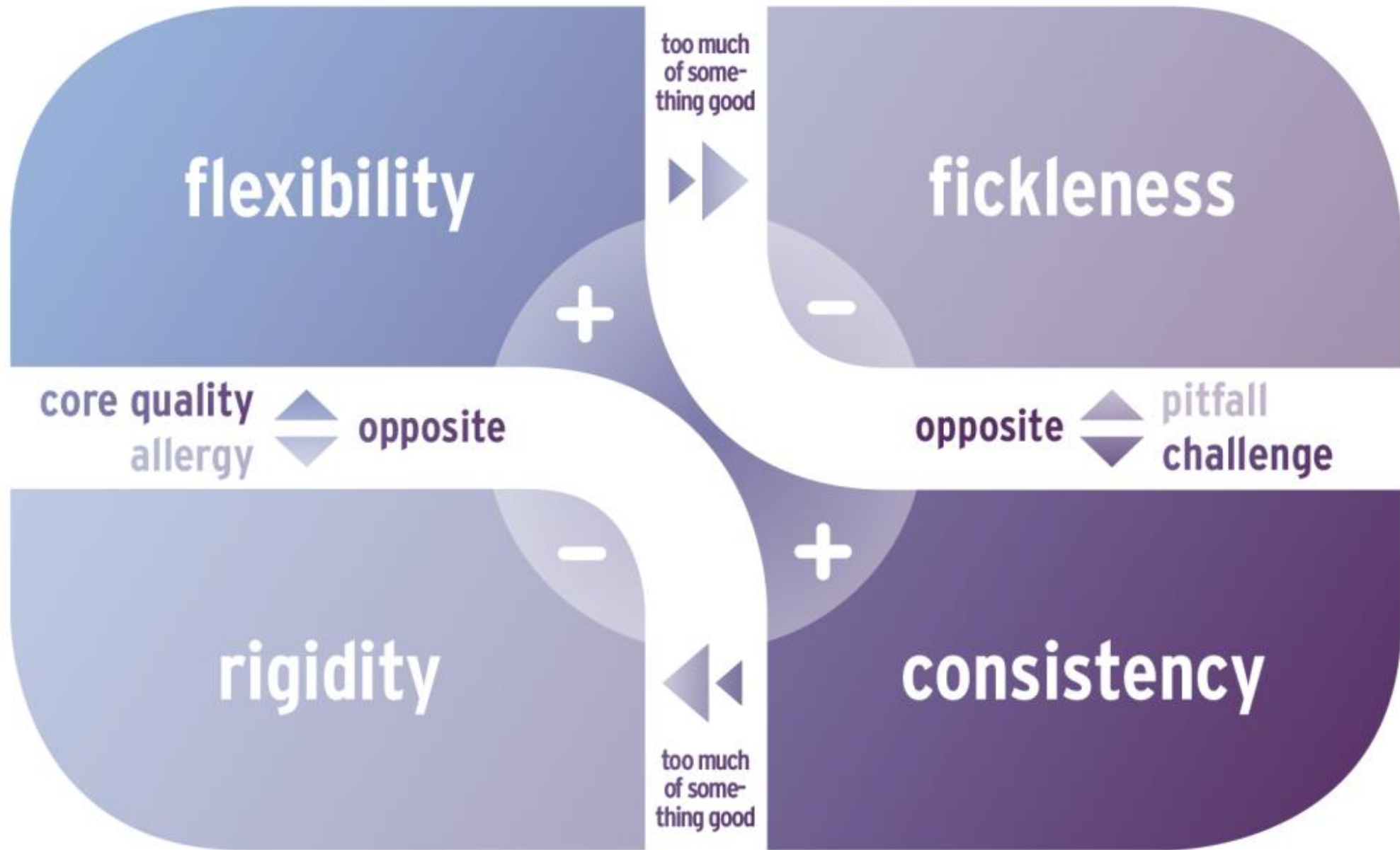
**WHEN IS A TEAM GOOD?**

Source: <https://corequality.nl/>

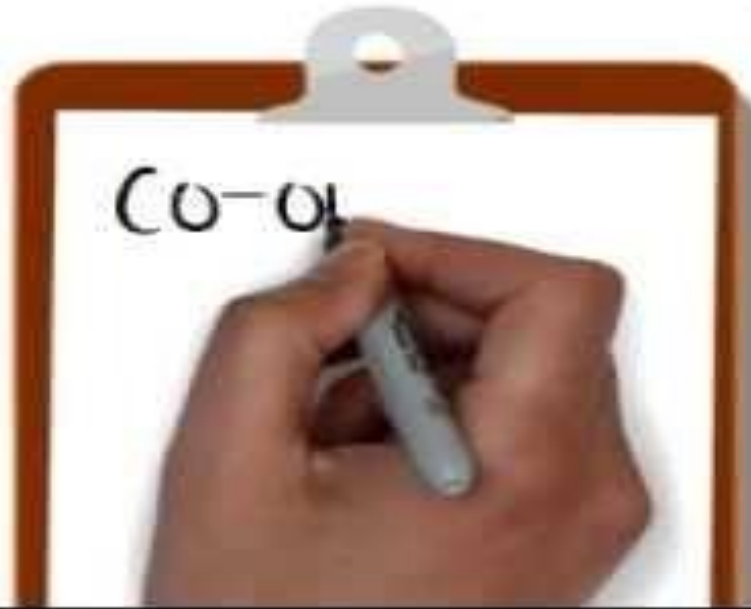





















People:

<https://youtu.be/-efhOLVgEvM>

## Team Role Contribution

## Allowable Weakness

Thinking	Plant	PL		<i>Creative, imaginative, free-thinking. Generates ideas &amp; solves hard problems.</i>	<i>Ignores incidentals. Too pre-occupied to fully communicate.</i>
	Monitor Evaluator	ME		<i>Sober, strategic and discerning. Sees all options and judges accurately.</i>	<i>Lacks drive and ability to inspire others. Can be overly critical.</i>
	Specialist	SP		<i>Single-minded, self-starting, dedicated. Provides rare knowledge and skills.</i>	<i>Contributes only on a narrow front. Dwells on technicalities.</i>
Action	Shaper	SH		<i>Challenging, dynamic, thrives on pressure. Has drive to overcome obstacles.</i>	<i>Prone to provocation. Offends people's feelings.</i>
	Implementer	IMP		<i>Practical, reliable, efficient. Turns ideas into actions and organizes tasks.</i>	<i>Somewhat inflexible. Slow to respond to new possibilities.</i>
	Completer Finisher	CF		<i>Painstaking, conscientious, anxious. Finds errors. Polishes and perfects.</i>	<i>Inclined to worry unduly. Reluctant to delegate.</i>
People	Coordinator	CO		<i>Mature, confident, identifies talent. Clarifies goals. Delegates effectively.</i>	<i>Can be seen as manipulative. Offloads own share of the work.</i>
	Team Worker	TW		<i>Co-operative, perceptive and diplomatic. Listens and averts friction.</i>	<i>Indecisive in crunch situations Avoids confrontation.</i>
	Resource Investigator	RI		<i>Outgoing, enthusiastic, communicative. Explores opportunities, develops contacts.</i>	<i>Over-optimistic. Loses interest once initial enthusiasm expires.</i>